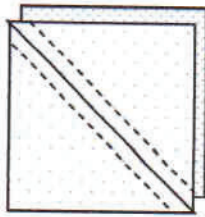


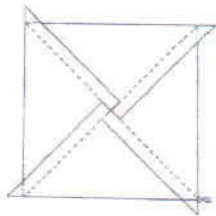
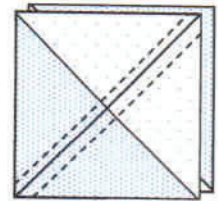
Making the Quarter Square Triangle (QST) Blocks



QST blocks start with Half Square Triangle blocks (HSTs). The Traditional Method of making HSTs is to place a $5\frac{1}{2}$ " dark square right sides together with a light $5\frac{1}{2}$ " square. Draw a diagonal line on the back of one square. Sew $\frac{1}{4}$ " on both sides of the line. Cut on the line and press to the dark. You will have made two Half-Square Triangle blocks which are roughly 5" square. Don't square these up just yet.

My personal preference is to make the original squares slightly too large and then square-up the HST. *However* you are making Quarter Square Triangles (QSTs) using these HSTs so you may prefer to skip this step. Make a test block using both methods to see which gives you the best results.

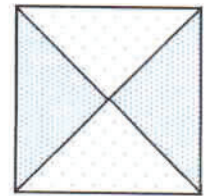
To make a QST, lay (2) HSTs right sides together with opposite colors touching. Draw a diagonal line on the back of the top HST going through the seam. Sew $\frac{1}{4}$ " on either side of this seam. Set your seam by pressing the sewn block, then cut it apart on the diagonal line.



Before you square-up this block to $4\frac{1}{2}$ ", here is a trick that will help you reduce bulk anywhere you have an intersection. Finger press open the center seam, then pick a couple of stitches out of the center. It won't ravel because the second seam will hold it.

Push two of the seams in opposite directions so each seam covers one patch. You know you have done it right if the seam twirls around the intersection giving you a tiny four patch in the middle.

There are two ways you can square-up your block. You can place a square ruler so the diagonal line is directly over the seam and just cut two sides. Or you can press open the block (pressing to the dark) and square it up using a $4\frac{1}{2}$ " ruler. A fussy cut ruler with lines on both diagonals will be very helpful with this.



Making the 48 QST Blocks

Assemble:

- (6) $5\frac{1}{2}$ " Navy Pomegranate Blender squares
- (6) $5\frac{1}{2}$ " Navy Leaf Blender squares
- (6) $5\frac{1}{2}$ " Leaves on Cream squares
- (6) $5\frac{1}{2}$ " Scallops on Cream squares
- (24) $5\frac{1}{2}$ " Background squares

Following the above directions, make (12) HSTs of the Navy Pomegranate Blender/Background squares and (12) Navy Leaf Blender/Background squares. Use these HSTs to make (24) Navy Pomegranate Blender/Navy Leaf Blender QSTs. Press and square-up to $4\frac{1}{2}$ ".

Following the above directions, make (12) HSTs of the Scallops on Cream/Background squares and (12) Leaves on Cream/Background squares. Use these HSTs to make (24) Scallops on Cream/Leaves on Cream QSTs. Press and square-up to $4\frac{1}{2}$ ".

