

Quilter's Moonshine

Mix well:

1 gallon of distilled water

1/2 cup liquid starch (we used Sta-Flo)

1 cup vodka (cheap is fine - *and now you know why we call it Moonshine!*)

You can add up to 4 teaspoons of your favorite essential oil for a scent, if you'd like. *We did not do that. For one thing, I don't particularly care for scented items because I never know if it will set off my allergies. Of course another reason we didn't "flavor it" was because we would never have been able to decide on one scent that all 32 participants would like. :-)*

So there you have it! Vodka really does have a place in the sewing room. :-))

Homemade Basting Spray

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40%



The RECIPE is simple

3 cups water

1 teaspoon salt

3 heaping tablespoons flour

1 cup rubbing alcohol (update: Vodka works too and makes the spray odorless!)

clean spray bottle (I bought one for about \$3 in the cleaning section at Target; a well rinsed Best Press bottle would probably work, too)

Combine 2 cups water and 1 tsp salt in a pot and bring to a boil. Meanwhile, combine 1 cup water and 3 heaping tablespoons flour in a jar or well sealed tupperware, and shake to mix. When the water and salt boils, turn down to a gentle boil and add flour and water. Cook on medium-ish until the mixture thickens like gravy (stir it so it doesn't stick!). Remove from heat and let cool to room temperature (I poured mine out of the pot and into a pyrex mixing bowl with a spout, so it would be ready to pour into the spray bottle. When the mixture is cool, pour it into the spray bottle and add 1 cup rubbing alcohol.



Save

